

## Bilag 7. Kritisk vurdering af systematisk review og primær studier.

**AMSTAR:** Hurkmans et al. (2009) Dynamic exercise programs (aerobic capacity and/or muscle strength training) in patients with rheumatoid arthritis

1. Was an 'a priori' design provided?	2. Was there duplicate study selection and data extraction?	3. Was a comprehensive literature search performed?	4. Was the status of publication (i.e. grey literature) used as an inclusion	5. Was a list of studies (included and excluded) provided?	6. Were the characteristics of the included studies provided?
Yes	Yes	Yes	Yes	Yes	Yes
7. Was the scientific quality of the included studies assessed and documented?	8. Was the scientific quality of the included studies used appropriately in	9. Were the methods used to combine the findings of studies appropriate?	10. Was the likelihood of publication bias assessed?	11. Was the conflict of interest included?	
Yes	Yes	Yes	Can't answer	No	

## Cochrane Collaboration's tool for assessing risk of bias

	Was sequence generation adequately concealed?	Was allocation adequately concealed?	Were assessors blinded?	Were incomplete outcome data adequately addressed?	Are the reports of the study free of suggestions of selective reporting?	Free of other problems that could put the study into high risk of bias?
<b>Randomised studies included in the systematic review by Hurkmans et al. (2009) appraised by the authors:</b>						
Baslund (1993)	Yes	Unclear	Unclear	No	Unclear	Unclear

De Jong (2003)	Yes	Yes	Yes	Yes	Unclear	Yes
Hansen (1993)	Yes	Unclear	Yes	Yes	Unclear	Unclear
Harkcom (1985)	Yes	Unclear	Unclear	No	Unclear	Unclear
Lyngberg (1994)	Yes	Unclear	Yes	No	Unclear	Unclear
Minor (1989)	Yes	Unclear	Unclear	Yes	Unclear	Unclear
Sanford-Smith (1998)	Yes	Unclear	Yes	Yes	Unclear	Unclear
Van den Ende (1996)	Yes	Unclear	Unclear	Yes	Unclear	Unclear
<b>Randomised studies published &gt; 2007:</b>						
Lemmey (2009)	Yes	Unclear	Unclear	Yes	Unclear	Unclear
Strasser (2011)	Unclear	Unclear	Yes	Yes	Unclear	Unclear
Flint_Wagner (2009)*	Unclear	Unclear	Unclear	No	Unclear	No

\* ekskluderet