

Bilag 5 TARGET Towards Achiving Realistic Goals in Elders Tool

TARGET iflg Parsons et al. (39)

Appendix – the TARGET tool

CENTER FOR KLINISKE RETNINGSLINJER

- CLEARINGHOUSE

Place below all the items from the assessment that the client was not able to perform maximally (i.e. the maximum score). Then ask the client to rate each item on how much they would like to change their performance in each of these items. Finally, ask the client to rank each item.

THIS IS A CRUCIAL ELEMENT TO GOAL SETTING – PLEASE ENSURE THAT IT IS COMPLETED EVERY TIME

RANKING: 3 = *High importance*, 2 = *Medium importance*, 1 = *Low importance*

CHANGE SCORE: 3 = *A large change*, 2 = *A little change*, 1 = *No change*

PROMPTS: please consider activities of daily living such as washing and dressing, bathing, toilet use, continence and eating.

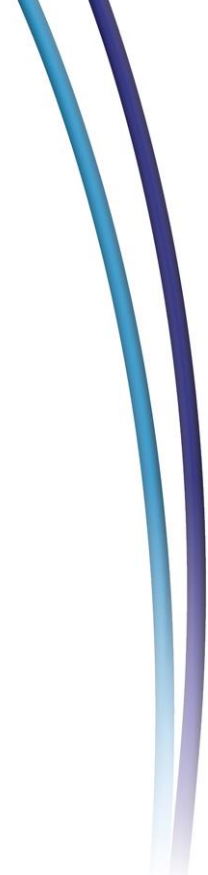
NOTE TO THE PERSON COMPLETING TARGET

PLEASE ALSO INCLUDE BELOW INFORMATION FROM OTHER ASSESSMENTS. (FOR EXAMPLE THE ADL INFORMATION FROM AN INTERRAI ASSESSMENT: MDS-HC OR MDS-CONTACT ASSESSMENT)

PROMPTS: please consider activities of daily living such as washing and dressing, bathing, toilet use, continence and eating.

CENTER FOR KLINISKE RETNINGSLINJER

- CLEARINGHOUSE



Side 3

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GOAL LADDER

PLEASE INCLUDE HERE THE PREVIOUS GOALS AND RATE THE LEVEL OF COMPLETION USING THE GPS (GOAL PROCESS SCALE), IF CLIENTS SCORE LESS THAN A 3, PLEASE ADD COMMENTS AS TO WHY THIS IS THE CASE

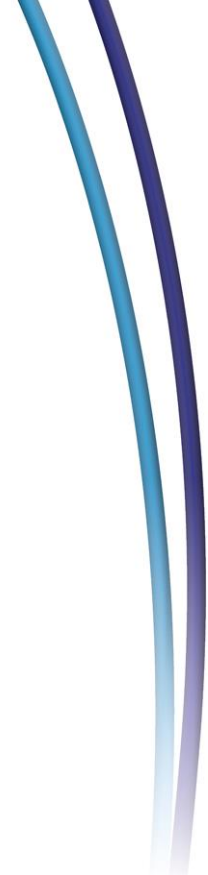
GPS - 3 = ACHIEVED GOAL, GPS - 2 = PARTIALLY ACHIEVED GOAL, GPS - 1 = NOT ACHIEVED GOAL

PLEASE ADD COMMENTS IF CLIENT HAS NOT ACHIEVED A GPS SCORE OF 3 ▶

Package re-assessment date : _ _ _ _ _ _ _ _		Homecare TO COMPLETE AT REVIEW please tick box <input type="checkbox"/> GPS - 1 <input type="checkbox"/> GPS - 2 <input type="checkbox"/> GPS - 3
Actual goal completion date _ _ _ _ _ _ _ _		please tick box <input type="checkbox"/> GPS - 1 <input type="checkbox"/> GPS - 2 <input type="checkbox"/> GPS - 3
Actual goal completion date : _ _ _ _ _ _ _ _		please tick box <input type="checkbox"/> GPS - 1 <input type="checkbox"/> GPS - 2 <input type="checkbox"/> GPS - 3
Actual goal completion date : _ _ _ _ _ _ _ _		please tick box <input type="checkbox"/> GPS - 1 <input type="checkbox"/> GPS - 2 <input type="checkbox"/> GPS - 3
Actual goal completion date : _ _ _ _ _ _ _ _		please tick box <input type="checkbox"/> GPS - 1 <input type="checkbox"/> GPS - 2 <input type="checkbox"/> GPS - 3
Actual goal completion date : _ _ _ _ _ _ _ _		please tick box <input type="checkbox"/> GPS - 1 <input type="checkbox"/> GPS - 2 <input type="checkbox"/> GPS - 3
Actual goal completion date : _ _ _ _ _ _ _ _		please tick box <input type="checkbox"/> GPS - 1 <input type="checkbox"/> GPS - 2 <input type="checkbox"/> GPS - 3

CENTER FOR KLINISKE RETNINGSLINJER

- CLEARINGHOUSE



Side 5

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