

The Villalta score

Symptoms	None	Mild	Moderate	Severe
Pain	0 points	1 point	2 points	3 points
Cramps	0 points	1 point	2 points	3 points
Heaviness	0 points	1 point	2 points	3 points
Paresthesia	0 points	1 point	2 points	3 points
Pruritus	0 points	1 point	2 points	3 points
Clinical signs				
Pretibial edema	0 points	1 point	2 points	3 points
Skin induration	0 points	1 point	2 points	3 points
Hyperpigmentation	0 points	1 point	2 points	3 points
Redness	0 points	1 point	2 points	3 points
Venous ectasia	0 points	1 point	2 points	3 points
Pain on calf compression	0 points	1 point	2 points	3 points
Venous ulcer	Absent		Present	

Table notes:

Points are summed into a total score (range 0-33). PTS is defined by a total score of ≥ 5 or the presence of a venous ulcer. PTS is classified as *mild* if the Villalta score is 5-9, *moderate* if the Villalta score in 10-14, and *severe* if the Villalta score is ≥ 15 or a venous ulcer is present. To use the Villalta score as a continuous measure, it is recommended that patients who meet criteria for severe PTS based solely on the presence of an ulcer (i.e. total Villalta score is <15) be assigned a score of 15.