

“Same Same or different?” Person-centered  
and patient-centered care.

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# “Same same or different?” A review of reviews of person-centered and patient-centered care

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## Review article

### “Same same or different?” A review of reviews of person-centered and patient-centered care

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## ABSTRACT

**Objective:** To provide a synthesis of already synthesized literature on person-centered care and patient-centered care in order to identify similarities and differences between the two concepts.  
**Methods:** A synthesis of reviews was conducted to locate synthesized literature published between January 2000 and March 2017. A total of 21 articles deemed relevant to this overview were synthesized using a thematic analysis.

**Results:** The analysis resulted in nine themes present in person-centered as well as in patient-centered care: (1) empathy, (2) respect (3), engagement, (4), relationship, (5) communication, (6) shared decision-making, (7) holistic focus, (8), individualized focus, and (9) coordinated care. The analysis also revealed that the goal of person-centered care is a meaningful life while the goal of patient-centered care is a functional life.

**Conclusions:** While there are a number of similarities between the two concepts, the goals for person-centered and patient-centered care differ. The similarities are at the surface and there are important differences when the concepts are regarded in light of their different goals.

**Practice implications:** Clarification of the concepts may assist practitioners to develop the relevant aspects of care. Person-centered care broadens and extends the perspective of patient-centered care by considering the whole life of the patient.

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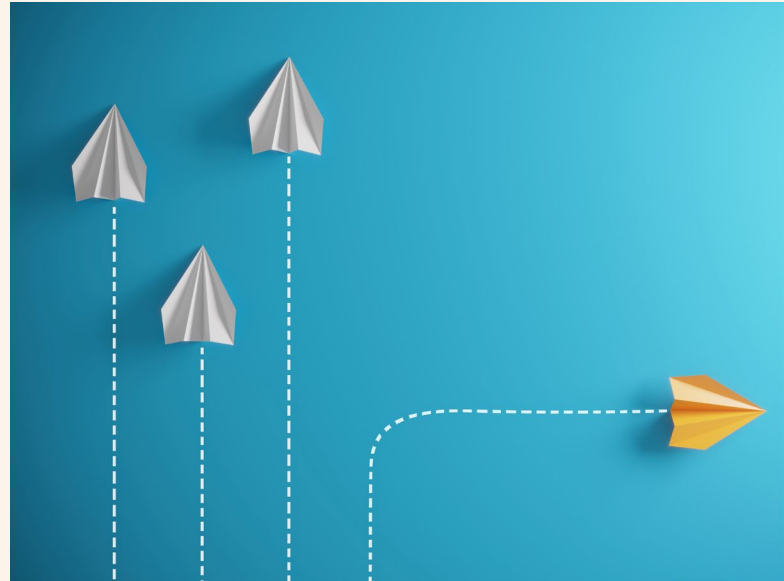
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# Background

- Lack of consensus
- Patient or person
- Different forms of centeredness




# Patient and person




- Patient: "someone who suffers".
  - Receiving medical, surgical or treatment.
  - Vulnerable and dependent.
  
- Person: "someone with an identity"
  - Unique and subjective
  - Self-conscious
  - Free-will



# Aim



To provide a synthesis of already synthesized literature on person-centered care and patient-centered care in order to identify similarities and differences between the two concepts.



# Method

- 524 reviews were screened (published 2000-2017).
- 11 review articles about patient-centered care and 10 review articles about person-centered care (n=21)
- Thematic analysis (Braun & Clarke, 2006).

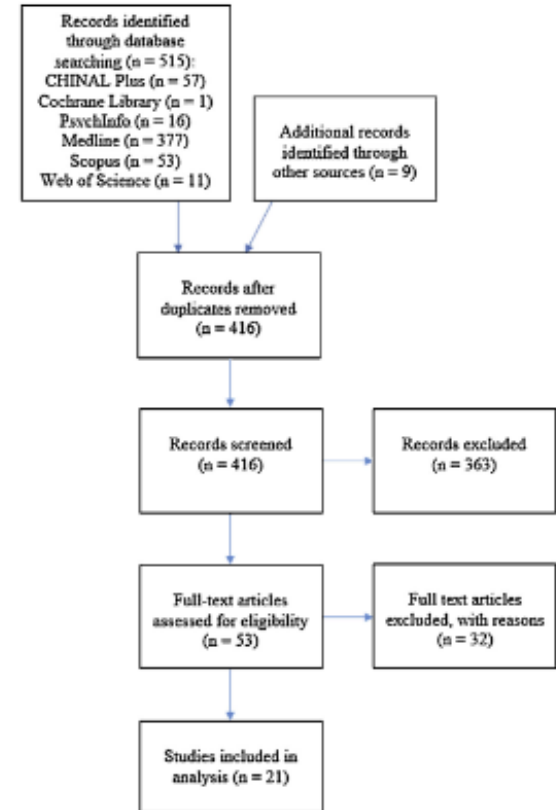


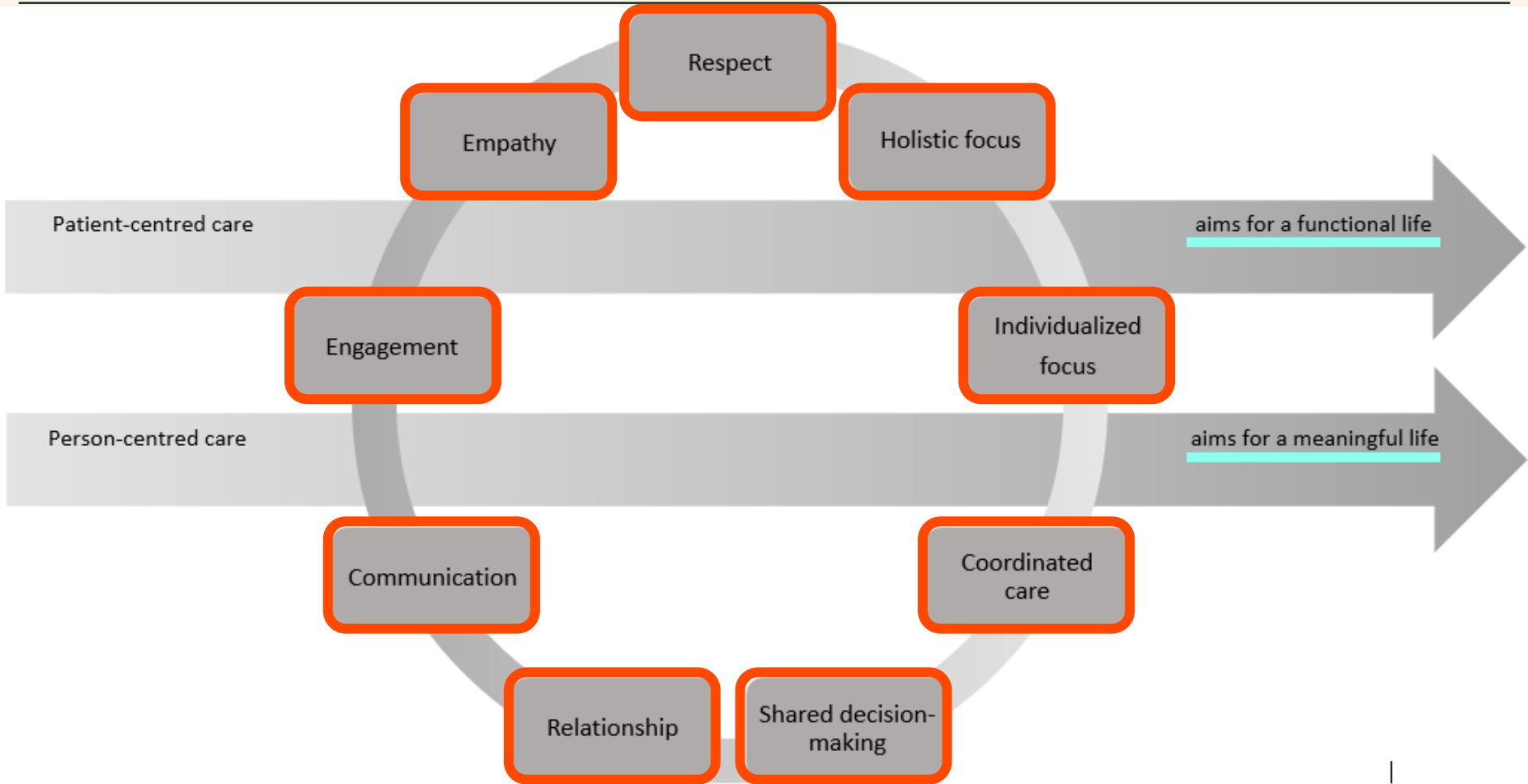
Fig. 1. Data search and selection process.

# Findings

- 13 themes, of which nine themes were common.
- Deviant themes consisted of:
  - Differences in the Goals with the care (2 themes).
  - The care staff's defense of the patient (1 theme).
  - Self-reflection of the care staff (1 theme).







# Different goals

Theme	All articles (n=21)	Person-centered articles	Patient-centered articles
The goal was to live a meaningful life*	48%	90%	9%
The goal was to live a functional life**	52%	10%	91%

\* e.g., to have meaning in life and to live a good life.

\*\* e.g., to function and to have reduced symptoms.

# Conclusions

- The two concepts are similar but different
- Both concepts are important alternatives and should co-exist in clinical practice.
- Differences are important when applying into clinical practice.



# Thank you for listening!

- Questions?



## Suggestion for further reading:

Summer Meranius, M., Holmström, I.K., Håkansson, J., Breitholtz, A., Monir, F., Skogevall, S., Skoglund, K., & Rasool, D. (2020). Paradoxes of person-centred care: A discussion paper. *Nursing Open*, 7, 1321-1329. doi: <https://doi.org.10.1002/nop2.520>